

Dr. Diana Uchiyama, JD, PsyD, CAADC—Executive Director at the Lawyers' Assistance Program

Dr. Diana Uchiyama is the Executive Director of the Illinois Lawyers' Assistance Program (LAP). Prior to joining LAP, she was the Administrator of Psychological Services for DuPage County and ran a licensed outpatient substance use treatment program, including a Mentally Ill Substance Abuse (MISA) program and Seeking Safety program for individuals with substance use problems, who were also trauma survivors. While at DuPage County she also ran a 26-week Domestic Batterer Intervention Program for a court mandated population of clients.

Dr. Uchiyama has also worked for the Kane County Diagnostic Center, as both a Staff Psychologist and Juvenile Drug Court Coordinator, and has an extensive background doing court ordered evaluations including psychological, sanity, fitness, fitness to parent, and sex offender evaluations. She was also a licensed sex offender evaluator in the State of Illinois. She has implemented numerous changes to court ordered programs both in Kane and DuPage County and is a SAMSHA certified trauma informed care trainer. Dr. Uchiyama also conducts therapy with adults and adolescents, is a Certified Advanced Alcohol and Drug Counselor, and has an Advanced Mindfulness Training Certificate, teaching mindfulness skills to others in order to increase their wellbeing.

Prior to obtaining her masters and doctorate in Clinical Psychology, Dr. Uchiyama was an Assistant Public Defender in Cook County working in various felony courtrooms at 26th and California in Chicago for over a decade. She obtained her law degree from Pepperdine University School of Law.

She is a prolific writer and nationally recognized speaker in the areas of judicial/ lawyer/law student health and wellness issues throughout the country.